



DESIGN PROCESS RESOURCES

FINDING YOUR INSPIRATION WORKSHEET

Read the accompanying blog
[Find your inspiration](#)

How to use this worksheet

This worksheet is designed to help you uncover your personal design inspiration and translate it into ideas that will actually work in your home.

Step 1: Choose your images

Start by selecting 2–3 images of spaces that genuinely catch your eye. These might be interiors you've seen online, in magazines, hotels, cafés, or even homes you've visited. Don't overthink your choices, trust your instinct and pick spaces you're drawn to.

Add one image per page in the space provided.

Step 2: Look beyond "I just like it"

For each image, answer the questions that follow. They're designed to help you move past a general feeling and identify what specifically you're responding to.

You might notice things like:

- Colours or materials
- The mood or atmosphere
- Furniture shapes or layouts
- Light, texture, or contrast

There are no right or wrong answers; this is about noticing patterns in what you love.

Step 3: Be mindful of your own space

As you analyse each image, keep your own home in mind. Some spaces look beautiful because of architectural features like high ceilings, large sash windows, or abundant natural light. If your space is different, that doesn't mean the inspiration isn't useful; it simply means you'll need to translate it.

Ask yourself:

- What elements could work in my space?
- How could this idea be adapted to suit my room's size, layout, or light?

Step 4: Find the common threads

Once you've completed the questions for all 2–3 images, take a step back and review your answers. Look for repeating themes: colours, moods, materials, shapes, or feelings that show up again and again.

These common threads are the foundation of your design direction and will help you make confident decisions as your project moves forward.

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Example



The PIG - South Downs

What do you like about this picture?
Think of space, lighting, colours, textures

*I like the warm and cosy feel to this room.
The dark, rich colours and materials used
and the seating around the fireplace.*

How does it make you feel?

*Inviting, comfortable and relaxed. I can
imagine spending a lovely evening here with
friends and family. A place to unwind.*

What's the interior style?

*Traditional/Classic, maybe Victorian -
The presence of panelling, a fireplace, and a
velvet chesterfield sofa suggests a Victorian or
classic interior style. These elements often evoke
a sense of timeless elegance and sophistication.*

What colour palette has been used?

*Dark colours
Greens, reds, gold
Patterned sofa with similar colours plus lighter
pinks and neutrals*

What specific elements do you like?
Look at the furniture, light fittings, rugs

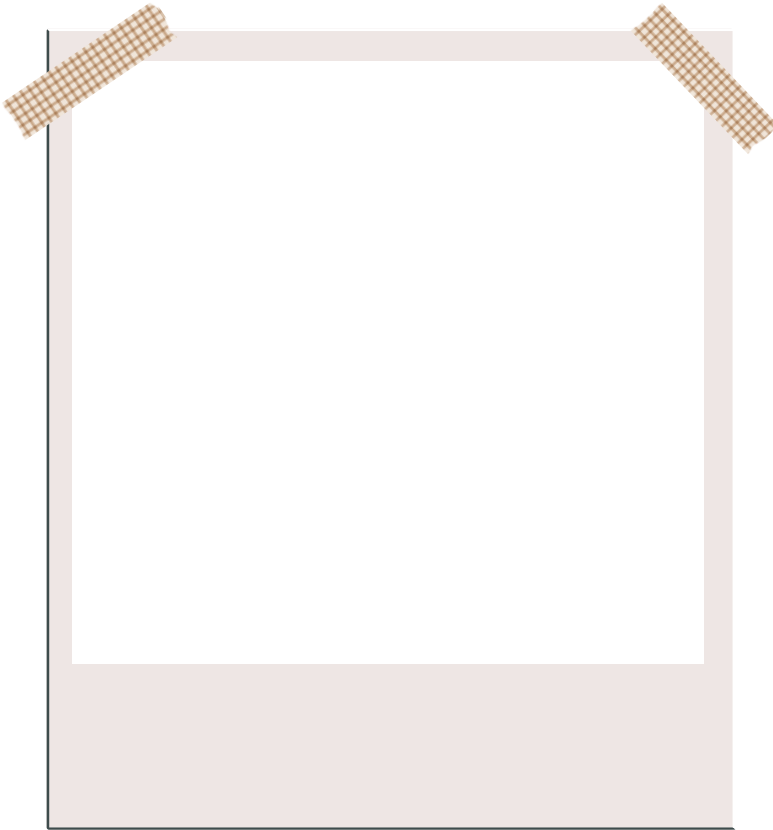
*I like the velvet sofa and the bar area. I also
like the panelling and the traditional gold
framed picture above the fireplace.
The rug positioned under the sofa.*

What could you use in your design?

*Add panelling
Dark sofa in a colour that works for my colour
palette
Incorporate a bar area*

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What do you like about this picture?
Think of space, lighting, colours, textures

How does it make you feel?

What's the interior style?

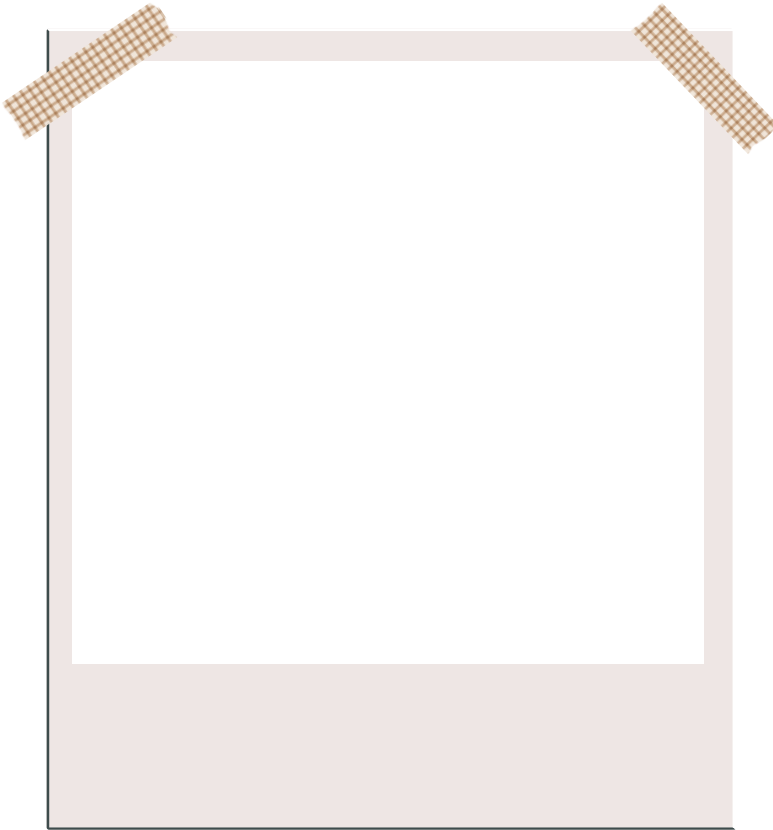
What specific elements do you like?
Look at the furniture, light fittings, rugs

What colour palette has been used?

What could you use in your design?

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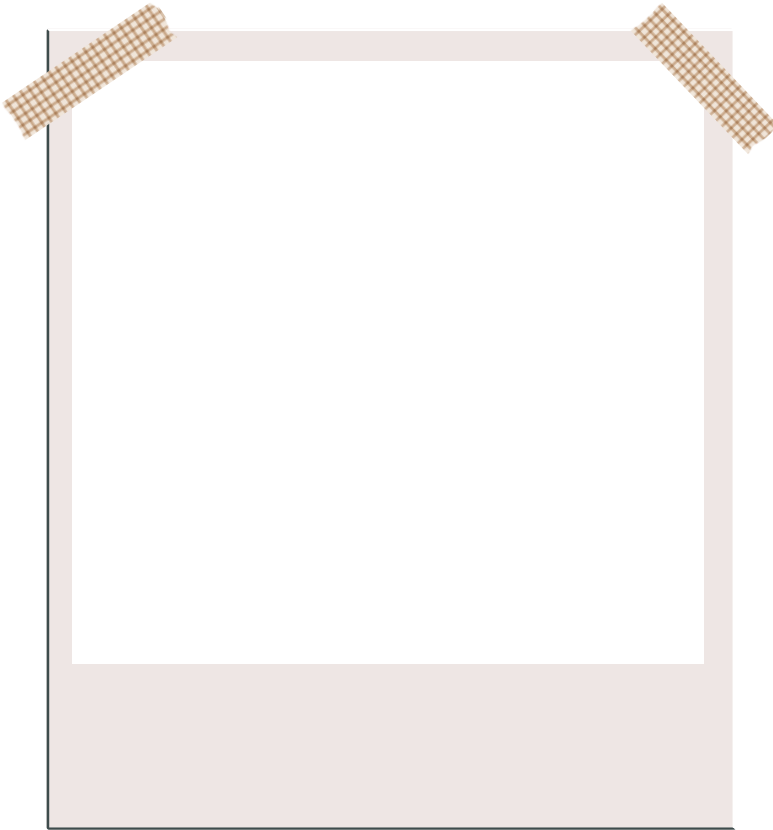
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What common themes have you identified?